

UNIT 1: Foundations For Employment

Lesson 1 | Work Experience Options | 08/03/23

Secondary Topic: The Classroom is Your Workplace

Lesson 2 | Discovering Your Strengths & Weaknesses | 08/10/23

Secondary Topic: Building Your Brand *

Lesson 3 | Creating SMART Goals | 08/17/23

Secondary Topic: Overcoming Employment Challenges

UNIT 2: Independent Living Skills

Lesson 4 | Promoting Self-Care | 08/24/23

Secondary Topic: Understanding Your IEP

Lesson 5 | Study Skills for Transition * | 08/31/23

Secondary Topic: Being a Leader in Your IEP *

Lesson 6 | Social Skills | 09/07/23

Secondary Topic: Building Emotional Intelligence

UNIT 3: Preparing For The Job Search

Lesson 7 | Researching Job Opportunities | 09/14/23

Secondary Topic: The Job Search Timeline

Lesson 8 | Job Search Toolbox (Employment Portfolio & Resumé) | 09/21/23

Secondary Topic: Managing Your Responsibilities

Lesson 9 | Networking | 09/28/23

Secondary Topic: Time Management & Organization

UNIT 4: Self-Advocacy

Lesson 10 | Understanding Your Disability & Knowing Your Rights | 10/05/23

Secondary Topic: Dealing With Peer Pressure

Lesson 11 | Disclosing Your Disability & Requesting Accommodations | 10/12/23

Secondary Topic: Avoiding Negativity

Lesson 12 | Practicing Self-Advocacy | 10/19/23

Secondary Topic: Being a Team Player

* New lesson for 2023-24

UNIT 5: The Job Search

Lesson 13 | Developing Hard, Soft, & Transferable Skills | 10/26/23

Secondary Topic: Dressing for Employment *

Lesson 14 | Completing the Job Application | 11/02/23

Secondary Topic: Picking up & Turning in Job Applications

Lesson 15 | Creativity in the Job Search * | 11/09/23

Secondary Topic: Identification Documents

UNIT 6: The Job Interview

Lesson 16 | Preparing for the Interview | 11/16/23

Secondary Topic: Types of Interviews

Lesson 17 | Common Interview Questions | 11/23/23

Secondary Topic: Advanced Interview Questions *

Lesson 18 | Post-Interview Actions | 11/30/23

Secondary Topic: Evaluating Your Goals

UNIT 7: Financial Literacy

Lesson 19 | Exploring Banking Services | 12/07/23

Secondary Topic: Being an Informed Consumer *

Lesson 20 | Managing Personal Finances | 12/14/23

Secondary Topic: Insurance Options

Lesson 21 | Using Credit Responsibly * | 12/21/23

Secondary Topic: Purchasing a Vehicle

UNIT 8: On-The-Job Skills

Lesson 22 | The Employee On-Boarding Process * | 01/11/24

Secondary Topic: Reading Your Paycheck

Lesson 23 | Showing a Strong Work Ethic | 01/18/24

Secondary Topic: Hygiene on the Job *

Lesson 24 | Understanding Workplace Culture * | 01/25/24

Secondary Topic: The Chain of Command

UNIT 9: Daily Living Skills

Lesson 25 | Digital Etiquette & Citizenship | 02/01/24

Secondary Topic: Technology in the Workplace

Lesson 26 | Exploring Housing Options | 02/08/24

Secondary Topic: Planning Balanced Meals

Lesson 27 | Personal Safety Skills * | 02/15/24 Secondary Topic: Transportation in Your Community

UNIT 10: Life After High School

Lesson 28 | Career Exploration | 02/22/24

Secondary Topic: Setting Realistic Expectations *

Lesson 29 | College & Post-Secondary Training | 02/29/24

Secondary Topic: Military Enlistment

Lesson 30 | Post-Secondary Adult Community Services | 03/07/24

Secondary Topic: Preparing to Live on Your Own *

UNIT 11: Advanced On-The-Job Skills

Lesson 31 | Managing Conflict on the Job | 03/14/24

Secondary Topic: Workplace Evaluations

Lesson 32 | Earning Raises & Promotions | 03/21/24

Secondary Topic: Handling Constructive Criticism

Lesson 33 | Dealing With the Loss of Employment | 03/28/24

Secondary Topic: Professionally Exiting A Job

UNIT 12: Transition For Your Future

Lesson 34 | Navigating Uncertainty About Your Future * | 04/04/24

Secondary Topic: The Summary of Performance

Lesson 35 | Getting The Most Out of Transition | 04/11/24

Secondary Topic: Creating Summer Goals *

Lesson 36 | Leaving School Prepared | 04/18/24

Secondary Topic: Utilizing NextUp During the Summer