

UNIT 1: Fundamentals of Transition

Lesson 1 | Foundations of Transition | 8/06/26

Secondary: Understanding Your Disability

Lesson 2 | Determining Your Strengths & Weaknesses | 08/13/26

Secondary: Building Your Personal Brand

Lesson 3 | Developing SMART Goals | 08/20/26

Secondary Topic: Realistic Expectations

UNIT 2: Employability Skills

Lesson 4 | Hard, Soft, & Transferable Skills | 08/27/26

Secondary Topic: Demonstrating a Strong Work Ethic

Lesson 5 | Being Resilient & Navigating Change | 09/03/26

Secondary Topic: Building Confidence

Lesson 6 | Communicating Effectively with Others | 09/10/26

Secondary Topic: Workplace Benefits

UNIT 3: Self-Management

Lesson 7 | Positive Hygiene Practices | 09/17/26

Secondary Topic: Practicing Self-Care

Lesson 8 | Executive Functioning | 09/24/26

Secondary Topic: Self-Regulation for Success

Lesson 9 | Social Expectations & Boundaries | 10/01/26

Secondary Topic: Dealing with Conflict

UNIT 4: The Job Search

Lesson 10 | The Job Search Toolbox | 10/08/26

Secondary Topic: Researching Entry-Level Employment

Lesson 11 | Professional Networking | 10/15/26

Secondary Topic: Dressing for Employment

Lesson 12 | The Job Application | 10/22/26

Secondary Topic: Completing the Online Application

UNIT 5: Safety Across Settings

Lesson 13 | Personal Safety | 10/29/26

Secondary Topic: Building Safe Relationships

Lesson 14 | Navigating Your Community Safely | 11/05/26

Secondary Topic: Handling Peer Pressure

Lesson 15 | Digital Safety | 11/12/26

Secondary Topic: Using AI Tools Appropriately

UNIT 6: Self-Advocacy

Lesson 16 | Exploring Self-Advocacy | 11/19/26

Secondary Topic: Building Your Advocacy Network

Lesson 17 | Your Rights in School, Work, & Life | 11/26/26

Secondary Topic: Becoming an Advocate in Your Community

Lesson 18 | Requesting Accommodations | 12/03/26

Secondary Topic: Disclosing Your Disability

UNIT 7: Interview to Onboarding

Lesson 19 | Answering Common Interview Questions | 12/10/26

Secondary: Types of Interviews

Lesson 20 | Pre & Post-Interview Actions | 12/17/26

Secondary Topic: Handling Rejection in the Job Search

Lesson 21 | Starting a New Job | 12/24/26

Secondary Topic: Understanding Your Paycheck

UNIT 8: Financial Literacy

Lesson 22 | Personal Budgeting | 01/07/27

Secondary Topic: Accessing Financial Support

Lesson 23 | Basic Banking & Saving | 01/14/27

Secondary Topic: Using Credit Responsibly

Lesson 24 | The Costs of Living | 01/21/27

Secondary Topic: Being an Informed Consumer

UNIT 9: On-The-Job Skills

Lesson 25 | Entry-Level Workplace Tasks | 01/28/27

Secondary Topic: Exceeding Expectations at Work

Lesson 26 | Dynamics of the Workplace | 02/04/27

Secondary Topic: Customer Service

Lesson 27 | Workplace Evaluations & Advancement | 02/11/27

Secondary Topic: Leaving a Job

UNIT 10: Independent & Daily Living Skills

Lesson 28 | Transportation in Your Community | 02/18/27

Secondary Topic: Purchasing & Maintaining a Vehicle

Lesson 29 | Exploring Housing Options | 02/25/27

Secondary Topic: Home & Household Management

Lesson 30 | Healthy Living | 03/04/27

Secondary Topic: Planning Balanced Meals

UNIT 11: Postsecondary Pathways

Lesson 31 | Career Exploration | 03/11/27

Secondary Topic: Hands-On Career Research

Lesson 32 | College & Postsecondary Training | 03/18/27

Secondary Topic: Exploring the Trades

Lesson 33 | Postsecondary Adult Community Services | 03/25/27

Secondary Topic: Community Recreation Opportunities

UNIT 12: Getting the Most Out of Transition

Lesson 34 | Transitioning to Independent Living | 04/01/27

Secondary Topic: Reevaluating Your Goals & Personal Brand

Lesson 35 | Transitioning to Employment | 04/08/27

Secondary Topic: Revisiting Your Employment Portfolio

Lesson 36 | Transitioning to Postsecondary & Training | 04/15/27

Secondary Topic: The Summary of Performance