



*Lessons will be published on Thursdays at 12pm Central*

**The Foundations of Working** (8/5, 8/12, 8/19)

Lesson #1: Types of Work Experiences

Secondary Topic: Why You Should Work

Lesson #2: Knowing Your Strengths & Weaknesses

Secondary Topic: The Hiring Process Timeline

Lesson #3: Balancing School, Work, & Life

Secondary Topic: The Classroom is Your Workplace

**Social Skills for Employment** (8/26, 9/2, 9/9)

Lesson #4: Social Skills

Secondary Topic: Get a Job, Any Job!

Lesson #5: Traditional & Social Networking

Secondary Topic: How to Self-Advocate

Lesson #6: Setting Goals

Secondary Topic: Healthy Living

**Preparing for the Job Search** (9/16, 9/23, 9/30)

Lesson #7: Researching Job Opportunities

Secondary Topic: Seasonal Holiday Positions

Lesson #8: Unexpected Events in the Job Search

Secondary Topic: Time Management & Organization

Lesson #9: Job Search Toolbox

Secondary Topic: Job Shadows

**Independent Living Skills** (10/7, 10/14, 10/21)

Lesson #10: College & Post-Secondary Training

Secondary Topic: Full-Time & Part-Time Employment

Lesson #11: Connecting With Post-Secondary Adult Community Services

Secondary Topic: Career Exploration

Lesson #12: Digital Citizenship

Secondary Topic: Honesty in the Job Search

**The Job Search** (10/28, 11/4, 11/11)

Lesson #13: Hard Skills & Soft Skills

Secondary Topic: Employee Referrals

Lesson #14: The Job Application

Secondary Topic: Transportation in Your Community

Lesson #15: Handling Rejection in the Job Search

Secondary Topic: Grooming & Hygiene for Employment

**The Job Interview** (11/18, 11/25, 12/2)

Lesson #16: Preparing for the Interview

Secondary Topic: Evaluating Your Goals

Lesson #17: Common Interview Questions

Secondary Topic: The IEP

Lesson #18: Ending the Interview & Following-Up

Secondary Topic: Safety Skills

**On-the-Job Skills** (12/9, 12/16, 12/23)

Lesson #19: New-Hire Paperwork & Reading Your Paycheck

Secondary Topic: Slow Hiring Periods

Lesson #20: Showing a Strong Work Ethic

Secondary Topic: Inappropriate Interview Questions

Lesson #21: Raises & Promotions

Secondary Topic: Professionally Leaving a Job

**Advocacy** (1/13, 1/20, 1/27)

Lesson #22: Knowing Your Rights

Secondary Topic: Dealing with Peer Pressure

Lesson #23: Disclosing Your Disability & Requesting Accommodations

Secondary Topic: The Chain-of-Command at Work

Lesson #24: Self-Care

Secondary Topic: Workplace Evaluations

**Preparing for the Job Search II** (2/3, 2/10, 2/17)

Lesson #25: Life Hacks for the Job Search

Secondary Topic: Other Interview Scenarios

Lesson #26: Connecting School to Work

Secondary Topic: Selective Service & Military Enlistment

Lesson #27: How to Ruin a Job Opportunity

Secondary Topic: Learning from Your Mistakes & Accepting Criticism

**Money in the Real World** (2/24, 3/3, 3/10)

Lesson #28: Banking

Secondary Topic: Spring & Summer Seasonal Employment

Lesson #29: Budgeting

Secondary Topic: Being a Good Team Player

Lesson #30: Being a Smart Consumer

Secondary Topic: Insurance

**On-the-Job Skills II** (3/17, 3/24, 3/31)

Lesson #31: Handling Conflict at Work

Secondary Topic: Technology in the Workplace

Lesson #32: Handling the Loss of Employment/Hours

Secondary Topic: Practicing Resilience

Lesson #33: Respecting Your Employer

Secondary Topic: Life Skills

**School Year Wrap-Up** (4/7, 4/14, 4/21)

Lesson #34: Living on Your Own

Secondary Topic: Labor Unions

Lesson #35: Dealing with Anxiety About the Future

Secondary Topic: Avoiding Negativity

Lesson #36: Leaving School Prepared

Secondary Topic: The SOP