

The Foundations of Working

Lesson 1 | Work Experiences | 08/04/22

Secondary Topic: Why You Should Work

Lesson 2 | Determining Your Strengths & Weaknesses | 08/11/22

Secondary Topic: The IEP

Lesson 3 | Setting Goals | 08/18/22

Secondary Topic: Overcoming the Challenges of Employment

Independent Living Skills

Lesson 4 | Promoting Self-Care | 08/25/22

Secondary Topic: The Classroom is Your Workplace

Lesson 5 | Dealing with Anxiety About the Future | 09/01/22

Secondary Topic: Balancing School, Work, & Life

Lesson 6 | Social Skills | 09/08/22

Secondary Topic: Emotional Intelligence

Preparing for the Job Search

Lesson 7 | Networking | 09/15/22

Secondary Topic: The Hiring Process Timeline

Lesson 8 | Researching Job Opportunities | 09/22/22

Secondary Topic: Community Participation in Your Free-Time

Lesson 9 | Job Search Toolbox | 09/29/22

Secondary Topic: Seasonal Employment

Financial Literacy

Lesson 10 | Banking Services | 10/06/22

Secondary Topic: Labor Unions

Lesson 11 | Budgeting | 10/13/22

Secondary Topic: Credit Cards, Credit Scores, and Debt

Lesson 12 | Spending & Saving Wisely | 10/20/22

Secondary Topic: The Vehicle Buying Experience

The Job Search

Lesson 13 | Developing Hard Skills & Soft Skills | 10/27/22

Secondary Topic: Following the Chain-of-Command at Work

Lesson 14 | The Job Application | 11/03/22

Secondary Topic: Practicing Resilience

Lesson 15 | Unexpected Events in the Job Search | 11/10/22

Secondary Topic: Accepting Criticism

The Job Interview

Lesson 16 | Preparing for the Interview | 11/17/22

Secondary Topic: Evaluating Goals

Lesson 17 | Common Interview Questions | 11/24/22

Secondary Topic: Inappropriate Interview Questions

Lesson 18 | Post-Interview Actions | 12/01/22

Secondary Topic: How to Ruin a Job Opportunity

Advocacy

Lesson 19 | Understanding Your Rights | 12/08/22

Secondary Topic: Handling Emergencies

Lesson 20 | Disclosing Your Disability | 12/15/22

Secondary Topic: Dealing with Peer Pressure

Lesson 21 | Requesting Accommodations | 12/22/22

Secondary Topic: How to Self-Advocate

On-the-Job Skills

Lesson 22 | Transferable Skills | 01/12/23

Secondary Topic: New-Hire Paperwork

Lesson 23 | Showing A Strong Work Ethic | 01/19/23

Secondary Topic: Full-Time vs. Part-Time Employment

Lesson 24 | Reading Your Paycheck | 01/26/23

Secondary Topic: Time Management & Organization

Life Skills

Lesson 25 | Living on Your Own | 02/02/23

Secondary Topic: Nutrition

Lesson 26 | Practicing Good Hygiene | 02/09/23

Secondary Topic: Tax Forms and Filing

Lesson 27 | Virtual Etiquette & Digital Citizenship | 02/16/23

Secondary Topic: Transportation in Your Community

Life After High School

Lesson 28 | College & Post-Secondary Training | 02/23/23

Secondary Topic: Insurance

Lesson 29 | Post-Secondary Adult Community Services | 03/02/23

Secondary Topic: Collaborating with Others

Lesson 30 | Career Exploration | 03/09/23

Secondary Topic: Technology in the Workplace

Advanced On-The-Job Skills

Lesson 31 | Dealing With Conflict On The Job | 03/16/23

Secondary Topic: Professionally Leaving a Job

Lesson 32 | Earning A Raise Or Promotion | 03/23/23

Secondary Topic: Workplace Evaluations

Lesson 33 | Handling Loss of Employment/Hours | 03/30/23

Secondary Topic: Avoiding Negativity

School Year Wrap-Up

Lesson 34 | Identification Documents | 04/06/23

Secondary Topic: Enlisting in the Military

Lesson 35 | Leaving School Prepared | 04/13/23

Secondary Topic: The SOP

Lesson 36 | How To Get The Most Out Of Transition | 04/20/23

Secondary Topic: Using NextUp Over the Summer